



IO1 – Climate Change
Awareness
Compendium of
Comedy and
Learning
Lesson Plan



FARCE!

Using Satire and Comedy to Promote
Climate Change Awareness



Introduction to the Lesson Plan

The aim of this lesson plan is to support you, as a community and adult educator, to deliver a session using the FARCE Climate Change Awareness – Compendium of Comedy and Learning resources, with adult learners in your group. Through this lesson plan, we will provide you with some sample activities that you can use to deliver one of the Comedy Resources from this Compendium in a group-work setting. When preparing to deliver these activities in your group, it is important that you are prepared to use the Comedy for Climate Change resources. For this, we recommend that you complete the relevant modules from our FARCE In-service Training Programme, before delivering these activities in your practice.

Introduction to the Climate Change topic

The volumes of clothing we produce and consume are harmful to people and planet.

The Ellen MacArthur Foundation estimates that 300 million people work in the clothing industry, with around 25 to 60 million people directly employed. Most of these workers in low-skill and low paid work are young women. The fashion industry is a significant contributor to gender inequality in many forms, with nearly 1 in 3 female garment workers having experienced sexual harassment in the past 12 months. Around the world, the people who make our clothes work in a non-safe environment and predominantly live in poverty. According to the Global Slavery Index (2018), the garment industry is the second most predominant sector driving modern slavery.

Our clothes are made from materials and processes that require the extraction of natural, non-renewable resources and produce considerable negative environmental impacts. Each of the common materials we wear carries its own set of environmental issues, from the oil extraction required to create polyester, acrylic and nylon to the deforestation for viscose or heavy pesticide use in farming cotton. Around the world, we produce too much clothing, from unsustainable materials, much of which ends up incinerated or in landfill.

Every time someone washes a garment made of synthetic materials, especially polyester, tiny particles of plastic – too small to be caught by conventional water treatment – enter our





water systems, ending up in rivers, lakes and oceans. Up to 700,000 microfibres can shed from our clothes in a typical wash (Napper and Thompson, 2016). As a result, textiles are now the largest source of global primary microplastic pollution and have even been detected in the deepest parts of the ocean (Boucher and Friot, 2017).

Textile industry is a significant contributor to water pollution globally through the lack of proper disposal of chemicals. Some of the toxic chemicals used in clothing, including lead (dyes), NPE (industrial washing), phthalates (printing), PFC compounds (water-repellent coating) and formaldehyde (wrinkle-resistance treatment), can potentially cause serious health problems.

We must replace our culture of disposable clothes with a culture of keeping, swapping, repairing and sharing. Research from WRAP has found that extending the life of a garment by 9 months would reduce its carbon, water and waste footprints by 20-30% each.

Fashion Revolution, an international movement initiates campaigns such as “#WhoMadeMyClothes?”, motivating people to demand transparency in clothes/fashion industries regarding human rights and “#WhatsInMyClothes?” asking brands to take greater responsibility for environmental stewardship and chemical safety when it comes to materials.

Retrieved from:

[WHY DO WE NEED A FASHION REVOLUTION? - Fashion Revolution : Fashion Revolution](#)
[Fashion Transparency Index 2020 by Fashion Revolution - Issuu](#) 57

Getting to know the Resources

In this section, we will provide you with a brief introduction to the Comedy Resource that you will use in when delivering this lesson plan in a group of adult learners.





What is covered in the Comedy Resource?

The comedy resource is a satirical news article that satires the fact that people in Cyprus are used to buy a lot of clothes, especially when they are invited to special occasions like weddings and christenings. These kind of events are happen very often, and people are used to wear their apparel only once. There is this notion that someone shouldn't wear the same apparel twice in such events. The article presents also the fact that buying from a thrift shop is cheapy and nasty. Other sustainable habits like washing clothes in low temperature or only if it's necessary are presented as inexplicable phenomena.

The satirical article format was chosen to touch upon the habits – the way of thinking of many people in Cyprus. The aim is to raise awareness whether is that “nasty” to shop from thrifths shops and not supporting fast fashion industries or whether is that “embarrassing” to wear multiple times an outfit during social celebrations.

Applying this Comedy Resource

This comedy resource is used to present the different notions of Cypriot society regarding fashion consuming habits and taking care of their garments. It is important not shaming anyone about their habits, as this can be unpleasant and bring negative impact to the learning process. The educator should show compassion to the learners and encourage them to talk openly about the subject. The aim is to raise awareness and find ways to alter non-sustainable habits. It's important to remember that each person thinks and process differently. People need their time to comprehend and decide whether they are going to take an action or not. Respect the individuality of each person and try to pass this to the whole group. A good practise is to secure a safe and respectful environment for everyone. At the beginning of the lesson you can give some positive instructions; we respect each other, show tolerance, accept and be kind even we disagree with someone. Emphasize the purpose of being here; to learn and have fun.

Lesson Plan






Title of Session:	Ethical fashion and everyday habits	
Duration	Resources Required:	
This lesson plan will take 60 minutes to deliver	To deliver this lesson plan, you will require the following resources: <ul style="list-style-type: none"> • Flipboard and markers or laptop/pc and projector • Printed comedy resource • Papers and pens • Printed fashion revolution manifesto (optional) 	
Learning Outcomes		
On successful completion of this lesson, learners will be able to: <ul style="list-style-type: none"> • Understand the impact of fast fashion to the environment and the people • Become aware of their everyday non-sustainable habits relevant to fashion • Develop ethical and sustainable habits for their outfits • Get to know the fashion revolution movement 		
Workshop Opening		
Duration	Description of Activity	Links to Support Materials
10 minutes	The participants stands in a circle. One by one steps in, saying a story about their garments wearing that day (How many years they have it? How often they wear it? Where did the find it? Why did they wear it today?)	
Group Activity 1		
Duration	Description of Activity	Links to Support Materials
20 minutes	The educator or a learner reads out loud the comedy resource. Everyone has a copy of it. (2') Discussion on the resource; Do they identify? What are their beliefs on how often someone should wear the same clothes; the quality, washing habits; buying	





	<p>from thrift shops, etc. On a board or on a projected document the educator or a learner makes a list with the statements. (10')</p> <p>The sustainable habit rate list; A rate mark scale is defined (1-5, 1 non-sustainable at all to 5 very sustainable); The learners are invited to give a sustainability rate to each statement. (8')</p>	
Group Activity 2		
Duration	Description of Activity	Links to Support Materials
20 minutes	<p>The educator shares or projects the fashion manifesto of fashion revolution and discuss it with participants. The educator introduces fashion revolution movement. (10')</p> <p>The educator asks the learners to review the sustainable habit rate list and re-evaluate it. (5')</p> <p>The educator invites the participants to write down ways of tackling fashion impact on the environment through everyday habits. (5')</p>	 <p>https://www.fashionrevolution.org/europe/greece/</p>
Workshop Close		
Duration	Description of Activity	Links to Evaluation Survey
10 minutes	<p>The participants stands in a circle.</p> <p>One by one steps in, sharing what habits they will keep doing or they are going to change regarding their garments and fashion.</p>	





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